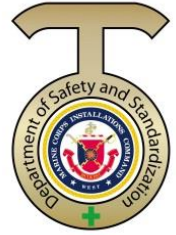




MCIWEST-MCB CAMP PENDLETON 2016 CRITICAL DAYS OF SUMMER NEWSLETTER



WEEK 10 – HOME SAFETY



There is no place like home”

“Home” is meant to be a safe haven for you and your loved ones. When we think of safety at home it is a place of protection or a place that allows us to escape from the outside world for a period of time and relax.

There is another very important part of safety as it relates to the home, and that is hazards which lurk in and around the home. From electrocution, falls, poison, fires, carbon Monoxide and hidden protective fire arms.

For military families, the constant family moves and spouse deployments can make home safety difficult to manage or maintain. Yet it is important to make it a priority and to be constantly vigilant. Lack of it can create very dangerous environment for families, children, and pets. **PROTECT YOUR LOVED ONES!**

Electrical Mishaps can occur at home as well as work and deployments. Exercise care with equipment, wiring, electrical outlets/plates and the cords on equipment.

Trips and Falls are usually caused by improper stair maneuverability, slippery or wet floors (kitchen and bathroom floors), as well as by toys or tools left astray/unsecured.

Poison is a largely unrecognized hazard in the home. Most household cleaning solutions are an irritant to the skin and very harmful when digested. Yet - containers are kept in areas accessible to pets and children (under sinks on low level shelves and in garage cabinets).

Carbon Monoxide is the ghost in the home, no one can see it, smell it, or hear it. Carbon monoxide is an odorless poison that tops the list in death related incidents in the home. It is silent and deadly.

Fires are always our worst enemy. They are preventable and detectible, but difficult to fight once they are started. If it does not hurt human life it destroys homes and years of hard work and memories. Fires can take us all but often take children and pets.

HOME SAFETY
Family Preparedness

Commanding General's Safety Hotline: (760)763-7233

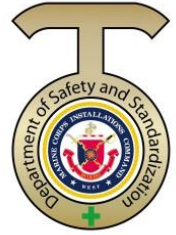


MCIWEST-MCB CAMP PENDLETON

2016 CRITICAL DAYS OF SUMMER

NEWSLETTER

HELPFUL HINTS



❖ Electrical Hazards

- Keep extension cords out of walk ways and areas where they can be damaged
- Cover outlets with outlet covers

❖ Trips and Falls

- Keep stairways free of loose items
- Use protective gates on stairways for children
- Clean up liquid spills and standing water on floors and walkways immediately

❖ Poison

- Use appropriate protective equipment when using cleaning solutions
- Don't mix cleaning solutions
- Place all cleaning solutions and medications in a secured location
- Never attempt to smell cleaning solutions

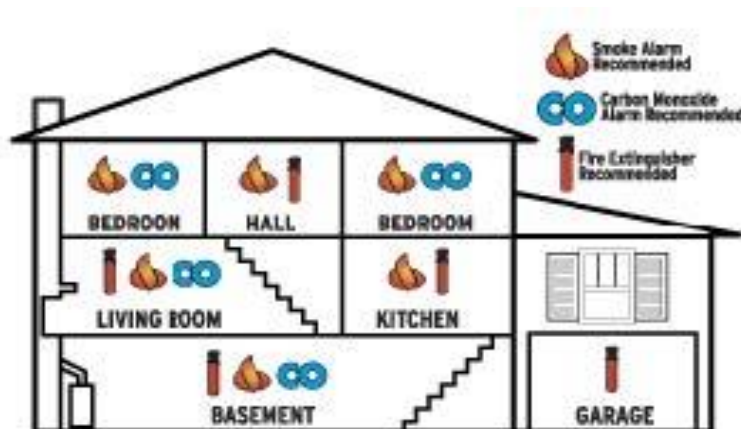
❖ Carbon Monoxide

- Install detectors or alarms which detect carbon monoxide level in the home

❖ Fires

- Install fire alarms in the home
- Place fire extinguishers in strategic locations though-out the home
- Keep plants, shrubs, and trees trimmed around the exterior of the home
- Have a fire plan
- Hold drills with your children
- Have appropriate emergency numbers readily available

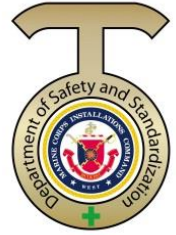
Passing these helpful hints to the family is the best preventive measurement you can employee.



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Picture of the Week



Base Safety Points of Contact

- ❖ Traffic Safety – 763-5070
- ❖ Recreations Safety – 763-5332
- ❖ Safety Training – 763-7326
- ❖ Ergonomics – 763-0254
- ❖ Radiation Safety – 763-0254
- ❖ Mishaps – 763-5334
- ❖ Asbestos/Lead – 763-5324
- ❖ Respiratory Protection, 763-2366
- ❖ Confined Space – 763-2366
- ❖ Tactical Safety – 763-5332
- ❖ Bloodborne Safety – 763-0255
- ❖ Explosive Safety – 763-4817
- ❖ HAZMAT – 763-2364
- ❖ First Aid/CPR – 763-2364

Upcoming Training

SAFETY COMMITTEE MEETING 7 SEPTEMBER

ADVANCE RIDERS COURSE 7-8 SEPTEMBER

For more safety information check us out on our Facebook page

<https://www.facebook.com/Cpenbasesafety>

Or send us an email at:

CPEN_SAFE_TRNG@usmc.mil

“MISSION FIRST SAFETY ALWAYS”